

FLAVOURSOME

PARSNIP DIP

INGREDIENTS

- 1 500g bag of So Sweet parsnips
- $\frac{3}{4}$ cup mayo
- A squeeze of lemon juice
- 1 pkt Dill and Wild Onion gourmet dip mix (Herb and Spice Mill)

To make curry flavour dip, simply add $\frac{1}{2}$ tsp curry powder



TURN OVER FOR FULL RECIPE ↩



METHOD

Peel and chop parsnip into smallish pieces
– about 1.5cm.

Bring to boil in salted water and simmer
until soft and cooked.

Drain water and place parsnip into kitchen
wiz.

Add all other ingredients. Pulse until well
mixed.

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So Sweet Produce



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